



MEDICAL PSYCHOLOGY II. LECTURE AND PRACTICE

LEARNING-ACHIEVEMENT-BASED SUBJECT DESCRIPTION

Program:	General Medicine
Course:	Medical Psychology II. lecture and practice – AOK-OAK431, AOK-OAK432
Type of subject:	compulsory
Academic year and semester:	Year IV. / Spring semester
Head of Department:	Oguz Kelemen M.D., Ph.D., Habil – associate professor, Head of Department
Course coordinator:	Szilvia Kassai Ph.D. - assistant professor, psychologist Department of Behavioral Sciences (6722 Szeged Mars square 20.) e-mail: kassai.szilvia@med.u-szeged.hu
Type of class:	lecture and practice
Weekly hours:	1 (for 5 weeks) and 3 (for 5 weeks)
Credit vale:	0 and 1
Type of examination:	signature and term mark (5)
Examination requirements:	Medical Psychology I. lecture– AOK-KUA193; AOK-OAK421

Purpose of course:

The distinct focus of the medical Psychology lectures and practices is on the impact of psychological and behavioral processes of physical illness/injury/disability (e.g., onset of, response to, and recovery from illness or injury). A special emphasis will be put on intervention techniques and communication skills which future medical doctors can apply in their own practice.

The aim of the practice is to help students reflect on their own communication skills, behavior and emotional involvement via structured tasks, based on the psychological and behavioral tenets acquired in the previous semester.

During the sessions students are offered the chance to acquire strategies for an efficient doctor-patient relationship through discussing clinical cases and the lecture material. Focusing on the everyday dilemmas of the doctor-patient relationship and different communication styles are the main objectives of the course.

Outcome requirements:

Knowledge

- knows the fundamental concepts of medical psychology
- has detailed knowledge about the elements of CLASS model,
- knows the steps of Motivational Interview thoroughly
- has general knowledge of medically unexplained symptoms (MUS) and its possible treatments
- has general knowledge of managing an aggressive/frustrated patient

Competences

- recognize those basic psychological processes in their complexity that influence the doctor-patient relationship
- able to effectively support the patient
- able to behave empathically throughout the treatment

- tolerates frustration in difficult medical situations

Attitudes

- recognize those basic psychological processes in their complexity that influence the doctor-patient relationship
- able to effectively support the patient
- able to behave empathically throughout the treatment
- tolerates frustration in difficult medical situations

Autonomy and responsibility

- recognize those basic psychological processes in their complexity that influence the doctor-patient relationship
- able to effectively support the patient
- able to behave empathically throughout the treatment
- tolerates frustration in difficult medical situations

Topics:

LECTURE

- Introduction.
- Psycho-neuro-immunology, Psychosomatic Perspective
- Attachment. Personality. Personality Disorders
- Anxiety disorders
- Psychological Interventions I-III.

PRACTICE

- Review. Medically unexplained symptoms (MUS).
- Management of upset patient
- Communication with different age groups
- Burnout
- Crisis
- Situational exercises

Methods:

LECTURE

- Frontal lectures.
- PPT-s will be uploaded on Coospace

PRACTICE

- case discussions
- video analysis
- training exercises
- situational exercises

Criteria of the competition of the course:

- Attend lectures and practices as per the general regulations.
- Failure to comply with the regulations means failing the semester.

PRACTICE

- **One absence is permitted.**
- **Participating in situational practices is mandatory.**

Evaluation:

LECTURE

- Signature

PRACTICE

- Term mark

Mandatory reading list:

- *Lecture slides* (will be posted on the Coospace)
- János Pilling (ed): *Medical Communication*. Budapest, 2011. Medicina

Recommended reading list:

- Márta Csabai – Péter Molnár: *Health, Illness, and Care. A textbook of medical psychology*. Budapest, 2000. Springer
- Suls J.M. – Davidson, K. – Kaplan, R.M. (eds):
Handbook of Health Psychology and Behavioral Medicine. The Guilford Press, 2010.

