MEDICAL PSYCHOLOGY FOR DENTAL STUDENT – FOG-MA120
Dentistry 2nd year – 2018/2019 1st semester

SUBJECT

Subject type: compulsory subject
Credit: 2
Prerequisite: Introduction to Medicine – FOG-MAC010
Communication in Dentistry – FOG-MAC020
Semester: year fall spring
II. ☑ ☐

Subject description: Good dentist-patient communication is the basis of effective dental treatment. Throughout the course students acquire the ability to consider patients in a holistic way. Students will get familiar with the terms of dental and health psychology by structured communication activities and case studies.

General aims of the subject: The subject embraces several situations which reflect typical problems and dilemmas of dental practice.

Theory: In the first part of every session a case (which represents these problems), the necessary theoretical background and concepts will be discussed.

Practice: In the second half students are offered to acquire some communication skills, strategies via structured communication activities by which these situations can be solved.

Main topics:
- The place of psychology in dentistry. Bio-psycho-social theory. Patient centered dentistry
- Fear and anxiety in dentistry
- Informing patients
- Persuasive communication
- Positive suggestions in dentistry
- Dental psychosomatics. Psychiatric problems that affects dental work

Tutor: Dr. Csaba Hamvai PhD – senior lecturer
University of Szeged, Department of Behavioral Sciences
6722 Szeged, Szentháromság Str.5.
tel: 62/420-530; e-mail: hamu80@gmail.com

Conditions for accepting the subject:
- Participation at the lectures and practices as per the general regulations.
- Passing a test at the end of the term

Recommended literature:
- Compulsory material will be uploaded on coospace.
MEDICAL PSYCHOLOGY FOR DENTAL STUDENT
Dentistry 2nd year – 2018/2019 1st semester

LECTURE – FOG-MA121

Number of lessons 14x1
Headcount / Groups 50
Lecturer Dr. Csaba Hamvai – senior lecturer, psychologist, Department of Behaviour Sciences
Annabella Obál – health psychologist, Department of Behaviour Sciences

Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Title</th>
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<tbody>
<tr>
<td>1. 3-4-Sep-2018</td>
<td>Complexity of dentist-patient encounters.</td>
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<tr>
<td>2. 10-11-Sep-2018</td>
<td>CLASS model</td>
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<tr>
<td>3. 17-18-Sep-2018</td>
<td>Factors that affect communication</td>
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<tr>
<td>4. 24-25-Sep-2018</td>
<td>Dental stress, fear and anxiety and their psychological management</td>
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<tr>
<td>5. 1-2-Oct-2018</td>
<td>Patient’s motivational background and health beliefs</td>
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<tr>
<td>6. 8-9-Oct-2018</td>
<td>Persuasive communication and motivational interview in dentistry</td>
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<tr>
<td>7. 15-16-Oct-2018</td>
<td>Positive suggestions in dentistry</td>
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<tr>
<td>8. 22-23-Oct-2018</td>
<td>AUTUMN BREAK</td>
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<tr>
<td>9. 29-30-Oct-2018</td>
<td>Delivering bad news</td>
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<tr>
<td>10. 5-6-Nov-2018</td>
<td>Conflicts with patients</td>
</tr>
<tr>
<td>11. 12-13-Nov-2018</td>
<td>Psychological aspects of pain</td>
</tr>
<tr>
<td>12. 19-20-Nov-2018</td>
<td>Dental psychosomatics</td>
</tr>
<tr>
<td>14. 4-Dec-2018</td>
<td>Test</td>
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Requirements

• Participation at the lectures. NB: in this semester, one session can be skipped
• Theory mark: Passing a test at the end of the term.

Assessment

Credit 1

Test-exam

4-Dec-2018
The test will include single choice, relation, definitions, problem solving.
Material will be uploaded on CooSpace.
### PRACTICE – FOG-MA122

<table>
<thead>
<tr>
<th>Number of lessons</th>
<th>14x1</th>
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<tbody>
<tr>
<td>Headcount / Groups</td>
<td>50 persons / 2 groups</td>
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**Teacher**
- Dr. Csaba Hamvai – e-mail: hamvai.csaba@gmail.com
- Annabella Obál – e-mail: obalannabella@gmail.com

**Topics of practice**

I. Complexity of dentist-patient encounters.

II. CLASS model

III. Factors that affect communication

IV. Dental stress, fear and anxiety and their psychological management

V. Patient’s motivational background and health beliefs

VI. Persuasive communication and motivational interview in dentistry

VII. Positive suggestions in dentistry

VIII. **AUTUMN BREAK**

IX. Delivering bad news

X. Conflicts with patients

XI. Psychological aspects of pain

XII. Dental psychosomatics

XIII. The helper’s mental health: the burn-out problem.

XIV. **Test**

**Methods**

- Video analysis
- Case studies (with structured tasks)
- Discussion of theoretical concepts and terms

**Requirements**

- Participation at the practices. NB: in this semester, one session can be skipped
- Practice mark: mark will be offered according to the students’ activity during the classes. Additional bonuses can be gained by optional homework.

**Assessment**

Credit: 1 term mark (5)
GROUPS – FOG-MA120

<table>
<thead>
<tr>
<th>Group</th>
<th>Day</th>
<th>Time</th>
<th>Venue</th>
<th>Teacher</th>
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</table>
| 1.    | Tuesday   | 10–11 30 | Szent-Györgyi Albert Educational Building  
Huszák István seminar room (50)                         | Hamvai Csaba  |
| 2.    | Tuesday   | 10–11 30 | Outpatient Clinic #1  
325. seminar room 3rd floor                                        | Obál Annabella|
| 3.    | Tuesday   | 10–11 30 | Szent-Györgyi Albert Educational Building  
Huszák István seminar room (50)                         | Hamvai Csaba  |
| 4.    | Tuesday   | 10–11 30 | Outpatient Clinic #1  
325. seminar room 3rd floor                                        | Obál Annabella|
| 5.    | Monday    | 11–12 30 | Department of Behaviour Sciences  
Hippokratész hall 1st floor                                    | Hamvai Csaba  |

Each session lasts 90 minutes. **One absence is permitted from the practices. Do not change groups during term!**

Szent-Györgyi Albert Educational Building  
6722 Szeged, Dóm tér 13.  
Outpatient Clinic #1  
6722 Szeged, Tisza L. krt. 97.  
Department of Behaviour Sciences  
6722 Szeged, Szentháromság u. 5.

September 2018. Szeged