MEDICAL PSYCHOLOGY FOR DENTAL STUDENT

LEARNING-Achievement-Based Subject Description

Program: Dentistry
Course: Medical Psychology for Dental Student– FOG-MA121; FOG-MA122
Type of subject: compulsory
Educator: Dr. Csaba Hamvai PhD – senior lecturer
6722 Szeged, Szentháromság u. 5.
tel: 62/420-530; e-mail: hamvai.csaba@gmail.com

Academic year/Semester:
Year Fall Spring
II. ☒ ☐

Preliminary requirements:
Introduction to Psychology, Communication in Dentistry – FOG-MAC021/022;
FOG-MAC022/023 (recommended)

Type of class: lecture & practice
Weekly hours: 1 + 1
Credit value: 2
Type of examination: examination (5); term mark (5)

Purpose of course:
Good dentist-patient communication is the basis of effective dental treatment. Throughout the course students acquire the ability to consider patients in a holistic way. Students will get familiar with the terms of dental and health psychology by structured communication activities and case studies.
The subject embraces several situations which reflect typical problems and dilemmas of dental practice.
Theory: In the first part of every session a case (which represents these problems), the necessary theoretical background and concepts will be discussed.
Practice: In the second half students are offered to acquire some communication skills, strategies via structured communication activities by which these situations can be solved.

Outcome requirements:
Knowledge
• know concepts of medical psychology
• has detailed knowledge about the elements of CLASS model,
• knows the steps of the motivational interview thoroughly
• has general knowledge about managing an aggressive/frustrated patient

Competences
• recognize those basic psychological processes and their complexity that influence doctor-patient relationship
• able to effectively support the patient
• able to behave empathically throughout the treatment
• tolerates frustration in difficult medical situations

Attitudes
• communicates efficiently, with empathy in medical settings
• shows positive attitude towards the patients, their relatives and colleagues
• is sensitive to patients’ emotional and social status
Autonomy and responsibility
• able to demonstrate these skills during the simulation exercises
• able to use the above mentioned knowledge

Topics
Lecture & Practice
• CLASS model, Factors that affect communication
• The use of positive suggestions in dentistry
• Dental stress, fear and anxiety and their psychological management
• Patient’s motivational background and health beliefs, Motivational interview
• Persuasive communication and motivational interview in dentistry
• Managing conflicts with patients
• Psychological aspects of pain, Dental psychosomatics
• The helper’s mental health: the burn-out syndrome
• Situational exercises

Methods
• Slides
• Video analysis
• Case studies (with structured tasks)
• Discussion of theoretical concepts and terms
• Homework

Criteria of the competition of the course
• Participation at the lectures and practices as per the general regulations.
  Two absentees are allowed
• Completing homework to earn extra points, it is optional

Evaluation
Lecture (examination)
• Written test-exam at the end of the semester.
  Material will be uploaded on CooSpace.

Practice (term mark)
• Mark will be offered according to the students’ activity during the classes.
  Additional bonuses can be gained by optional homework.

Mandatory reading list
• Compulsory material will be uploaded on coospace.

Recommended reading list
• Gerry Kent, Mary Dalgleish: *Psychology and Medical Care*. London, 1996. Saunders
MEDICAL PSYCHOLOGY FOR DENTAL STUDENT
Dentistry 2nd year – 2019/2020 1st semester

LECTURE and PRACTICE – FOG-MA121; FOG-MA122

Number of lessons: 14x2
Headcount / Groups: 50 students in 3 groups

Place and Time:
Each session lasts 90 minutes. Two absentees is permitted from the practices. Do not change groups during term! (Neptun)

Lecturers:
Dr. Csaba Hamvai – senior lecturer, psychologist
Annabella Obál – health psychologist

Test-exam:
3-Dec-2019, 11.00 AM
Department of Behaviour Sciences 1st floor
Bálint Mihály hall; Hippokratész hall

September 2019. Szeged