



MEDICAL PSYCHOLOGY FOR DENTAL STUDENT LEARNING-ACHIEVEMENT-BASED SUBJECT DESCRIPTION

Program:	Dentistry
Course:	Medical Psychology for Dental Student– FOG-MA121; FOG-MA122
Type of subject:	compulsory
Academic year and semester:	Year II. / Fall semester
Head of Department:	Oguz Kelemen M.D., Ph.D., Habil – associate professor
Course coordinator:	Annabella Obál – health psychologist Department of Behavioral Sciences (6722 Szeged Mars square 20.) e-mail: obal.annabella@med.u-szeged.hu
Type of class:	lecture & practice
Weekly hours:	1 + 1
Credit vale:	1 + 1
Type of examination:	examination (5); term mark (5)
Preliminary requirements:	Introduction to Psychology, Communication in Dentistry – FOG-MAC021/022; FOG-MAC022/023 (recommended)

Purpose of course:

Good dentist-patient communication is the basis of effective dental treatment. Throughout the course students acquire the ability to consider patients in a holistic way. Students will get familiar with the terms of dental and health psychology by structured communication activities and case studies.

The subject embraces several situations which reflect typical problems and dilemmas of dental practice.

Theory: In the first part of every session a case (which represents these problems), the necessary theoretical background and concepts will be discussed.

Practice: In the second half students are offered to acquire some communication skills, strategies via structured communication activities by which these situations can be solved.

Outcome requirements:

Knowledge

- know concepts of medical psychology
- has detailed knowledge about the elements of CLASS model,
- knows the steps of the motivational interview thoroughly
- has general knowledge about managing an aggressive/frustrated patient

Competences

- recognize those basic psychological processes and their complexity that influence doctor-patient relationship
- able to effectively support the patient
- able to behave empathically throughout the treatment
- tolerates frustration in difficult medical situations

Attitudes

- communicates efficiently, with empathy in medical settings
- shows positive attitude towards the patients, their relatives and colleagues
- is sensitive to patients' emotional and social status



Autonomy and responsibility

- able to demonstrate these skills during the simulation exercises
- able to use the above mentioned knowledge

Topics:

Lecture & Practice

- CLASS model, Factors that affect communication
- The use of positive suggestions in dentistry
- Dental stress, fear and anxiety and their psychological management
- Patient's motivational background and health beliefs, Motivational interview
- Persuasive communication and motivational interview in dentistry
- Managing conflicts with patients
- Dental psychosomatics
- The helper's mental health: the burn-out syndrome
- Situational exercises

Methods:

- Slides
- Video analysis
- Case studies (with structured tasks)
- Discussion of theoretical concepts and terms

Criteria of the competition of the course:

- Participation at the lectures and practices as per the general regulations.
Two absences are allowed
- Completing classroom activities to earn extra points, it is optional

Evaluation:

Lecture (examination)

- Written test-exam on the 13th week of the semester @TIK. Material will be uploaded on Coospace.

Practice (term mark)

- Mark will be offered according to the students' activity during the classes.

Mandatory reading list:

- Compulsory material will be uploaded on Coospace.

Recommended reading list:

- Gerry Kent, Mary Dalgleish: *Psychology and Medical Care*. London, 1996. Saunders



MEDICAL PSYCHOLOGY FOR DENTAL STUDENTS

LECTURE AND PRACTICE

2023/2024 1st semester

Place and Time: Each session lasts 90 minutes. **Two absences are permitted from the practices.**

Do not change groups during term!

Lecturers: **Annabella Obál** – health psychologist
email: obal.annabella@med.u-szeged.hu

Kinga Palatinus – psychologist
email: palatinus.kinga@med.u-szeged.hu

Dr. Szilvia Kassai Ph.D. - psychologist
(kassai.szilvia@med.u-szeged.hu)

Test-exam: **05-Dec-2023, 19.00-20.00**
Written test-exam on the 13th week of the semester @TIK. (University of Szeged József Attila Study and Information Centre, Ady square 10.)
Material will be uploaded on Coospace.

Schedule:

1.	NO CLASS!
2.	Review, Introduction of the CLASS model
3.	Components of the CLASS model
4.	Positive suggestions in dentistry
5.	Dental stress, fear and anxiety and their psychological management
6.	Managing conflicts with patients
7.	Motivational interview in dentistry I.
8.	Motivational interview in dentistry II.
9.	Dental psychosomatics
10.	The helper's mental health: the burn-out syndrome
11.	Situational exercises I.
12.	Situational exercises II.
13.	Summary

Practice groups:

GROUP	DAY	TIME	PLACE	TEACHER
1.	Wednesday	8–9:30	Huszák István seminar room (50), Szent-Györgyi Albert Educational Building	Kinga Palatinus
2.	Monday	10–11:30	Baló József Educational Building, room 4.	Kinga Palatinus
3.	Monday	10–11:30	Szent-Györgyi Albert Educational Building, room 24.	Annabella Obál
4.	Tuesday	8–9:30	id. Jancsó Miklós Kollégium, 4. terem	Dr. Kassai Szilvia